



Saturday, April 27, 2019

Time: 9:00 am

Location: Narberth Park, Narberth, PA 19072

Events:

5 Mile Run

2 Mile Walk

Kidz Fun Run

Celebrating 24 years of fulfilling wishes for children and adults living with Cystic Fibrosis receiving care at The Children's Hospital of Philadelphia, St. Christopher's Hospital for Children, Hospital of the University of Pennsylvania, Drexel University College of Medicine, and Robert Wood Johnson University Hospital.

The last Saturday in April has become a day of tradition for area runners who want to compete in one of Philly's premier 5 Mile runs. It's not a color run or a mud run. There are no bubbles, paint, or obstacles. It's just a good ol'e USATF Certified 5 miler and 2 mile walk through the charming borough of Narberth, where the streets are lined with Narbs cheering you on at every turn.

Please Note: Several roads within Narberth Borough will be closed from **8:15am-10:30am on this morning. We kindly ask that you prepare accordingly!**

Roads *will* close at 8:15am and will *promptly open* at 10:30am.

Thank you in advance for your understanding.

Join Us! For online registration or VOLUNTEER information please visit

www.TakeABreatherFromCF.org/NarberthRun

- Online Registration closes on April 25th at 5pm.
- Walk-up registration is Friday night at the Girl Scout Room in Narberth from 4:30-7pm or at Narberth Park on Race day before 8:30 am.

The 2019 Narberth Take A Breather 5 Miler will follow the course below.
 The 2-mile walk will follow the same course partially, then break away.

