



Seminar in Parenting Using *Love & Logic*

The LMSD Elementary School Counselors are pleased to offer a virtual 6-session Parenting Seminar on Thursdays starting October 8, 2020. *Love & Logic* provides nationally renowned parenting strategies and resources that emphasize limit setting, accountability, and logical consequences. Participating parents and guardians can expect to learn:

- How to avoid un-winnable power-struggles and arguments
- How to stay calm and empathetic when kids do incredibly upsetting things
- How to set enforceable limits
- How to avoid enabling and begin empowering
- How to help kids learn from mistakes

Attendance at all sessions is highly encouraged as lessons build upon each other and to maintain the integrity of the group. There is no cost to attend. A workbook will be mailed to participating families.

Sessions will be held virtually via Zoom

6:30pm – 8:00pm

Thursday, October 8, 2020
Thursday, October 15, 2020
Thursday, October 22, 2020
Thursday, October 29, 2020
Thursday, November 5, 2020
Thursday, November 12, 2020

If you are interested in participating please reserve your spot by emailing:

Deborah Wilson-Leslie at wilsond@lmsd.org and

Karen Brandenburger at brandek@lmsd.org

Registration will be limited and accepted on a first come, first served basis.