



Parent Info Night

Thursday, November 1 @ 7 pm

Lower Merion High School Cafeteria

The Lower Merion Youth Wrestling Club is open to children in grades K - 6th. Both first year and experienced wrestlers will practice 2x per week on Tuesdays and Thursdays, broken into age groups. There will be several weekend opportunities for kids to compete in both meets and tournaments.

Please visit: www.Lmwrestlingclub.com or email LMwrestlingclub@gmail.com with any questions!

Here is what WRESTLING can do for your child:

Positively influence character development by emphasizing good habits and attitudes.

Enhance overall fitness by developing their strength, agility, balance, flexibility, and wrestling skills.

Foster their sense of personal achievement.

Prepare them to become more competitive as they mature, and provide them the skills to succeed.

Encourage good sportsmanship and teamwork.

Provide a fun and competitive environment to help them become successful people, students, and athletes.

It is never too early or late to start. No experience necessary.