

Let's Talk!

A Puberty Lesson for 4th and 5th Graders* and Their Parents Featuring Human Sexuality Educator and Author Al Vernacchio

**MONDAY, MAY 20TH,
6:30 - 8:00 PM**

Lankenau Medical Center Auditorium
100 E. Lancaster Avenue, Wynnewood

This is a FREE event,
but donations are welcome.

Space is limited, so please RSVP
at <https://jenit0.wixsite.com/gain>.

Park in Lot A

* 6th Graders welcome



Most preadolescents have questions about the physical, emotional and social changes happening to them and whether or not they are developing “normally.” Most parents feel unsure about how to guide their children into healthy, happy adolescence. Having the facts is a necessary first step for everyone. In this age-appropriate, medically accurate, and cringe-free presentation, kids will learn the basics about puberty and emerging sexuality, and parents will learn how to have positive dialogues about this journey with their kids. This inclusive event will promote healthy development and help kids experience puberty with greater confidence and less anxiety.

About Al Vernacchio

A Human Sexuality educator and consultant for over 25 years, Al Vernacchio has lectured, published articles, and offered workshops across the country. Al is the N-12 Sexuality Education Coordinator and chair of the Upper School English department at Friends' Central School. He speaks nationally and his work has been featured on NPR and in The New York Times Magazine and Philadelphia Magazine. Al has given four TED Talks and is the author of For Goodness Sex: Changing the Way We Talk to Young People About Sexuality, Values, and Health. Al earned his BA in Theology from St. Joseph's University and his MEd in Human Sexuality Education from the University of Pennsylvania.

Co-hosted by the LM Gender Awareness and Inclusion Network, Lankenau Medical Center DRI Council, Children's Book World, and Philly Family Pride

